

#### CHILD ABUSE DEFINED

According to the Child Abuse Prevention and Treatment Act (CAPTA), child abuse and neglect is defined as “any recent act or failure to act on the part of the parent or caretaker which results in death, serious physical or emotional harm, sexual abuse or exploitation, or an act or failure to act which presents an imminent risk of serious harm” (Child Welfare Information Gateway, n.d.). Furthermore, CAPTA defines “child” as a person who is under the age of 18 or who is not an emancipated minor. This coincides with Texas’ definition of child as “a person under 18 years of age who is not and has not been married or who has not had the disabilities of minority removed for general purposes” (Texas Constitution and Statutes, n.d.a).

Child Welfare Information Gateway (2013b), identifies the four main types of abuse as physical, sexual, emotional and neglect:

- *Physical abuse*—resulting in physical injury as a result of punching, beating, kicking, biting, burning, shaking, throwing, stabbing, choking or otherwise harming a child. Although an injury may result from physical abuse, the parent or caregiver may not have intended to hurt the child. The injury may be the result of over discipline or severe punishment that is not appropriate to the child’s age or condition.
- *Sexual abuse*—includes, but is not limited to, fondling, intercourse, incest, sodomy, indecent exposure and exploitation (use of a child in prostitution, pornography and/or internet crimes). Sexual abuse includes both touching and non-touching offenses

and may involve variable intensities of violence and emotional trauma.

- *Emotional abuse*—also known as psychological maltreatment, includes acts or omissions by parents or other caregivers that convey to children that they are worthless, flawed, unloved, unwanted or endangered. There are six categories of emotional abuse: spurning, terrorizing, isolating, exploiting or corrupting, denying emotional responsiveness and medical, mental health and educational neglect.
- *Neglect*—characterized by a failure to provide for the child’s basic needs. The omission of care results in significant risk or harm to the child. Examples of neglect include not providing adequate food, clothing, shelter, supervision or medical care.

(Child Welfare Information Gateway, 2013b, p.3-4)

The State of Texas defines *abuse* and *neglect* such that all four types of abuse identified above are incorporated within those two terms (Texas Constitution and Statutes, n.d.b).

#### VICTIMS OF CHILD ABUSE

In the United States during the year 2015, 683,000 children were abused or neglected (U.S. Department for Health and Human Services, Administration for Children and Families [ACF], 2017, p. x). In Texas, the number of reports of child abuse and/or neglect increased slightly from 278,325 in 2015 to 293,488 in 2016. Child Protective Services (CPS) completed 176,868 investigations of child abuse and neglect in 2015 and 40,506 investigations were confirmed for that year. In 2016, CPS conducted 166,753

investigations of which 36,166 resulted in reason to believe abuse/neglect was present. In 112,793 investigations abuse and/or neglect was ruled out. The remaining 17,794 cases were either not completed at the time of the report (3,900) or unable to determine if abuse was present (14,894) (Texas Department of Family and Protective Service [DFPS], n.d.a).

Confirmed victims of child abuse and neglect decreased between 2015 and 2016 in all four of the KCF counties of interest. Many researchers

suspect that the confirmed number of cases represent only a fraction of the total number of actual abusive situation since many incidents of child abuse still go unreported and uninvestigated. Arranged by county, the following current information depicts confirmed victims of child abuse/neglect and investigations from 2015 and 2016. Three of the four KCF counties of interest continue to have rates of confirmed victims higher than the Texas state rate of 7.9 per 1,000 children.

| CONFIRMED CPS VICTIMS AND INVESTIGATIONS FOR 2015 AND 2016 |                        |                  |   |               |   |            |
|--|------------------------|------------------|---|---------------|---|------------|
| Texas County   | Texas Child Population |                  | Confirmed Victims of Child Abuse/ Neglect |               | Confirmed Victims of Child Abuse/Neglect per 1,000 Children |            |
|  | 2015                   | 2016             | 2015                                      | 2016          | 2015  | 2016       |
| <b>Bandera</b>   | 3,914                  | 3,899            | 46  | 47            | 11.8  | 12.1       |
| <b>Bexar</b>   | 496,981                | 503,711          | 4,941                                     | 4,550         | 9.9   | 9.0        |
| <b>Comal</b>   | 28,014                 | 28,367           | 489                                       | 382           | 17.5  | 13.8       |
| <b>Kendall</b>   | 8,482                  | 8,543            | 43  | 30            | 5.1   | 3.5        |
| <b>State Total</b>   | <b>7,311,923</b>       | <b>7,407,636</b> | <b>66,721</b>                             | <b>58,644</b> | <b>9.1</b>  | <b>7.9</b> |

(DFPS, n.d.a)

An abused child is likely to be a victim of more than one form of abuse. The most recent statistics show that during 2015 in the United States:

- 75.3% victims experienced neglect
- 17.2% were physically abused
- 8.4% were sexually abused
- 6.2% were emotionally or psychologically maltreated
- 2.2% were medically neglected
- 6.9% experienced other types of maltreatment—including abandonment, threats of harm, and congenital drug addiction

(ACF, 2017, p.46)

In 2015 across the nation, 2.25 deaths per 100,000 children were caused from child

abuse/neglect each day (ACF, 2017, p.53). In Texas, DFPS investigated 735 child fatalities, with 139 children confirmed to be fatally injured as a result of child abuse and/or neglect in 2015 (DFPS, n.d.b). *2016 data is not yet available.*

Children under the age of one year old are more susceptible to fatalities caused by child abuse for many reasons, including their dependent nature, small size, and lack of defense capability. “Children who were younger than 1 year died from maltreatment at a rate of 20.91 per 100,000 children in the population younger than 1 year. This is 3 times the fatality rate for children who were 1 year old (6.38 per 100,000 children in the population of the same age)” (ACF, 2017, p.53).

| PROFILE OF THE CONFIRMED CHILD ABUSE/NEGLECT VICTIMS IN TEXAS IN 2016 |               |               |               |              |              |              |           |               |
|---|---------------|---------------|---------------|--------------|--------------|--------------|-----------|---------------|
| Gender  | Age in Years  |               |               |              |              |              |           |               |
|   | <1            | 1-3           | 4-6           | 7-9          | 10-12        | 13-17        | Unknown   | Total         |
| Female  | 4,860         | 6,544         | 5,722         | 4,623        | 3,667        | 5,047        | 6         | <b>30,469</b> |
| Male  | 5,223         | 7,106         | 5,718         | 4,309        | 2,988        | 2,667        | 10        | <b>28,021</b> |
| Unknown   | 41            | 54            | 21            | 16           | 15           | 6            | 1         | <b>154</b>    |
| <b>Total</b>  | <b>10,124</b> | <b>13,704</b> | <b>11,461</b> | <b>8,948</b> | <b>6,670</b> | <b>7,720</b> | <b>17</b> | <b>58,644</b> |

(DFPS, n.d.a)

**PERPETRATORS OF CHILD ABUSE**

Although child abuse/neglect occurs in many forms, the perpetrators are most frequently individuals accountable for the well-being and supervision of their victims. In 2016, as shown in the following table, the highest percentage of perpetrators were female; parent; between the ages of 26-35; and Anglo (DFPS, n.d.a).

| CHARACTERISTICS OF KNOWN PERPETRATORS IN CONFIRMED INVESTIGATIONS OF CHILD ABUSE/NEGLECT FISCAL YEAR 2016 |        |        |        |        |
|---|--------|--------|--------|--------|
| Characteristics   | Female |        | Male   |        |
|   | No.    | %      | No.    | %      |
| <b>Age</b>  |        |        |        |        |
| Under 18  | 488    | 1.88%  | 1,333  | 2.81%  |
| 18-25   | 8,117  | 17.08% | 4,605  | 9.69%  |
| 26-35   | 11,624 | 24.46% | 8,475  | 17.84% |
| 36-45   | 3,987  | 8.39%  | 4,538  | 9.55%  |
| Over 45   | 1,753  | 3.69%  | 2,571  | 5.41%  |
| Unknown   | 4      | 0.01%  | 6      | 0.01%  |
| <b>Ethnicity</b>  |        |        |        |        |
| Anglo   | 11,083 | 42.67% | 7,757  | 36.01% |
| Hispanic  | 9,134  | 35.17% | 8,619  | 40.01% |
| African American  | 4,863  | 18.72% | 3,981  | 18.48% |
| Other   | 702    | 2.70%  | 983    | 4.56%  |
| Asian   | 151    | 0.58%  | 171    | 0.79%  |
| Native American   | 40     | 0.15%  | 29     | 0.13%  |
| <b>Relationship to Oldest Victim</b>  |        |        |        |        |
| Parent  | 23,070 | 48.56% | 13,830 | 29.11% |
| Grandparent   | 1,257  | 2.65%  | 719    | 1.51%  |
| Aunt/Uncle  | 445    | 0.94%  | 944    | 1.99%  |
| Other   | 475    | 1.00%  | 1,022  | 2.15%  |
| Parent's Paramour   | 382    | 0.80%  | 3,210  | 6.76%  |
| Sibling/Other Relative  | 344    | 0.72%  | 1,815  | 3.82%  |

(DFPS, n.d.a)

**RISK FACTORS**

The Centers for Disease Control and Prevention (CDC) (2016) identified a combination of individual, family, and community factors that contribute to the risk of child maltreatment. Each of these contains characteristics that could increase the risk or potential for abuse, including but not limited to:

- Individual Risk Factors
  - Parents’ lack of understanding of children’s needs, child development and

- parenting skills
- Parents history of child maltreatment in family of origin
- Substance abuse
- Mental health issues in the family, such as depression
- Parental characteristics such as:
  - Young age
  - Low education
  - Single parenthood
  - Large number of dependent children
  - Low income
  - Non-biological, transient caregivers
  - Parental sentiment that justifies maltreatment behavior
- Family Risk Factors
  - Social isolation
  - Family disorganization and dissolution
  - Violence (including intimate partner violence)
  - Parenting stress
  - Poor parent-child relationships
  - Negative interactions
- Community Risk Factors
  - Community violence
  - High poverty and residential instability
  - High unemployment rate
  - High density of alcohol outlets
  - Poor social connections

(CDC, 2016)

**CONSEQUENCES OF ABUSE**

In June 2012, the U.S. Department of Health and Human Services published the second analysis report of the National Survey of Child and Adolescent Well-Being (NSCAW) (Casaneva, Ringeisen, Wilson, Smith, & Dolan, 2012). NSCAW examined the characteristics, needs, experiences, and outcomes for children and families who come in contact with public child welfare agencies.

The study included over 5,872 children from 83 randomly selected counties across the U.S. and will continue to follow these children to gather data about subsequent services, measures of well-being, and long-term results.

Initial measures of well-being were taken using standardized instruments; the following table, excerpted from the study, indicates that in all areas measured, children who have experienced abuse have significant deficits and demonstrate lower cognitive and academic

abilities, fewer skills, more problem behaviors, and even poorer physical health than their counterparts in the general population. The study also showed that children in group care and non-kinship foster care fared the worst in all areas assessed.

**Proportion of Children Involved with CWS at “Clinical” Levels on Standardized Measures as Compared with the General Population**

| Standardized Measure  | Proportion “Clinical” <sup>a</sup> | Comparable Norm <sup>b</sup> |
|---|------------------------------------|------------------------------|
|   | Percent                            |                              |
| Cognitive Development   | 20.5                               | 2.3                          |
| Risk of developmental delay or neurological impairment  | 54.5                               | 14                           |
| Language skills   | 26.0                               | 2.3                          |
| Problem behaviors, 1.5 to 17 years  | 20.5                               | 8                            |
| Problem behaviors, 5 to 17 years  | 11.9                               | 8                            |
| Problem behaviors, Youth Self Report aged 11-17   | 19.7                               | 8                            |
| Depression  | 7.8                                | 6.7                          |
| Verbal and nonverbal ability  | 9.0                                | 2.3                          |
| Social skills   | 30.0                               | 15                           |
| Daily living skills   | 12.5                               | 2.3                          |
| Reading skills  | 7.8                                | 2.3                          |
| Mathematics skills  | 7.5                                | 2.3                          |
| <sup>a</sup> More than 2 standard deviations below mean or otherwise considered at high-risk or in the lowest skill range |                                    |                              |
| <sup>b</sup> proportion in general population expected to have a score in the very low or clinical range                  |                                    |                              |

(Casanueva, Ringeisen, Wilson, Smith, & Dolan, 2012, p. 59)

**LONG-TERM CONSEQUENCES**

Many studies have been, and continue to be, conducted to identify long-term effects of child abuse. While specific effects are listed below, it is important to note that these effects often cannot be separated; for example, physical trauma can have psychological consequences which can lead to behavior problems:

➤ *Physical consequences*

- Bruises/cuts/broken bones
- Abusive head trauma (shaken baby syndrome)
- Impaired brain development (increased risk for cognitive, language, academic, and psychological disabilities)
- Poor physical health (increased risk of heart, lung, and liver disease; diabetes; asthma; and obesity)

➤ *Psychological consequences*

- Difficulty during infancy (cognitive delays, language difficulties)
  - Poor mental and emotional health (borderline personality disorder, depression, anxiety)
  - Cognitive difficulties (low IQ, low academic achievement)
  - Social difficulties (antisocial traits, attachment issues, aggression)
- *Behavioral consequences*
- Difficulties during adolescence (grade repetition, substance abuse delinquency, truancy, pregnancy)
  - Juvenile delinquency and adult criminality
  - Alcohol and other drug abuse
  - Abusive behavior (1-7% more likely to commit youth violence and 8-10% more likely to commit domestic violence)

(Child Welfare Information Gateway, 2013a)

The physical, psychological, and behavioral consequences listed above, as well as abusing their own children, have all been linked to adults who were abused as children (Child Welfare Information Gateway, 2013a).

Statistics on abuse victims show that:

- Individuals who reported six or more adverse childhood experiences had an average life expectancy two decades shorter than those who reported none
- 80% of 21 year olds that were abused as children met criteria for at least one psychological disorder
- 14% of all men and 36% of women in prison in the USA were abused as children, about twice the frequency seen in the general population
- As many as two-thirds of those in substance use treatment reported being abused or neglected as children
- “3 years after the index report of maltreatment, almost a third of girls aged 18 to 20 had experienced forced sex, one in eight had unforced sex at age 13 or younger, and almost half had a pregnancy” (ACF, 2014)
- Likelihood of intimate partner violence (from 8.7% to 10.4% for females and from 1.3% to 17.2% for males)

(Childhelp, n.d, Xiangming & Corso, 2007)

One thing that researchers are beginning to investigate is why some children experience significant long-term issues and others do not. Many factors affect individual outcomes including:

- Age and developmental status at time abuse took place
- Type of abuse
- Frequency, duration, and severity of abuse

- Relationship between the victim and abuser
- Protective factors
- Individual characteristics (optimism, self-esteem, intelligence, humor)
- Social environment (access to caring adult)

(Child Welfare Information Gateway, 2013a)

#### **EMERGENCY SHELTER**

In Texas during 2016, 19,079 child abuse/neglect victims were removed from their home, including 2,727 in the San Antonio region (DFPS, n.d.a). Once removed, a child may be placed in an emergency shelter or youth home prior to foster placement.

There are several non-profit organizations that provide emergency shelter available to all children from the four-county KCF area of interest (Kendall, Comal, Bandera and Bexar). The majority of these shelters are located in Bexar County, though Comal County has one shelter. No emergency shelters currently exist in Bandera or Kendall Counties.

These organizations differ in the age group they serve, capacity limitation, and the length of stay that the child or children can maintain in the emergency shelter. The table at the end of this brief describes some of the identified organizations that have an emergency shelter available.

During their stay, the children undergo assessments (psychological, physical, educational, and medical) to determine what type of services they need, where they should go after the emergency stay, and where to go when it becomes clear that they will not be returning home. Almost all of the organizations provide on-site school so that education is not disrupted. Depending on the situation, the child will either stay with the host organization or be referred to another organization that better meets the needs of the child.



| Organizations that have Emergency Shelter |                   |            |                                  |                |
|---|-------------------|------------|----------------------------------|----------------|
| Organization                              | Location (County) | Age Group  | Capacity Limit                   | Length of Stay |
| Boysville, Inc.                           | Bexar             | 0-17 years | 24 children                      | Up to 30 days  |
| The Children's Shelter                    | Bexar             | 0-16 years | 66 children                      | Up to 90 days  |
| Roy Mass' Youth Alternatives, Inc.        | Bexar             | 5-17 years | 20 children                      | Up to 30 days  |
| St. Jude's Ranch for Children             | Comal             | 0-21 years | 24 youth                         | Up to 90 days  |
| St. Peter-St. Joseph Children's Home      | Bexar             | 0-17 years | 53 domestic/<br>82 international | Up to 90 days  |

(Boysville, 2013; Roy Maas' Youth Alternatives, Inc., 2014; The Children's Shelter, n.d.; St. Jude's Ranch for Children, personal communication, December 17, 2014; St. Peter–St. Joseph Children's Home, 2015)

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